



THORESBY PRIMARY SCHOOL Newsletter



17th November 2023



IMPORTANT DATES

- Whole School Individual Photos - Tuesday 21st November
- Year 2 Ferris Wheel Workshop-Friday 24th November
- Enterprise Fair KS2 - Tuesday 5th December
- Enterprise Fair KS1 - Wednesday 6th December
- Christmas Jumper day - Thursday 7th December
- FS1 Christmas Concerts - Wednesday 13th December
- Christmas lunch—Thursday 14th December
- FS2 Christmas Concerts - Friday 15th December
- Year 1 Christmas Concerts - Monday 18th December
- Year 2 Christmas Concerts - Tuesday 19th December

Polite reminder that children must be in school for 8.40am ready for lessons to commence at 8.45am. Thank You.

Children In Need special!



Our Pudsey biscuits were lovely!



Our Events Committee took the lead on assemblies today!

Calendar of Character

Focus for week beginning 6th November

Self regulation

Key Points

- Understanding our emotions.
- Managing our reactions.
- Pause to think before reacting.
- Take some time to calm down if you need to.
- who has shown effective self-regulation.

Discussion points / questions to consider:

- How have you shown effective self regulation?

- What strategies can you use to help you to self-regulate?
- How should you react if you're feeling frustrated about something?

Ideas from 4M

Nelle - To help you self-regulate, you can walk away and take some deep breaths before choosing how to react.

Annabelle—It's better to take some time to calm down and tell an adult than arguing/ fighting back.

Lottie— You need to make sure that the size of the problem matches the response.

Thank you for all your generous donations!
We raised a total of:
£370.50

Attendance and Holidays

Please be aware that we cannot authorise any holidays that are taken during term time and that the local authority will be required to issue a fine for holidays taken during this time.



Year 6's 'act of kindness' was to read a story to the children in Foundation Stage. It is safe say that all the children (big and small) had a great time - they've asked when they can do it again!



Our Wellbeing Officers

Our Wellbeing Officers have worked so hard this week helping children across the school, making worry boxes and even creating top secret acts of kindness for each year group!



Ask me about our kindness tree!

School Photographs

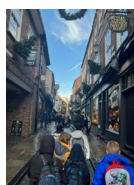
Individual photos— Tuesday 21st

November.



Year 4 trip to York

We had a great trip to York—we learnt about Viking life in Britain and even did some fieldwork!



Please remember that we strive to be a **nut free** school so please make sure you check the ingredients in your child's packed lunch.



Week Commencing: 4th Sept, 18th Sept, 2nd Oct, 16th Oct, 6th Nov, 20th Nov, 4th Dec, 18th Dec, 8th Jan, 22nd Jan, 5th Feb, 19th Feb, 4th Mar, 18th Mar

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese Pasta (2,7) served with garlic bread (2,4,7,13,) and seasonal vegetables	Sausages (2,13,14) served with mashed potato (2,7,14) seasonal vegetables and gravy	Chicken curry (7) served with rice and garlic naan bread (2,4,7,13)	Chicken, served with Yorkshire pudding (2,4,7), roast potatoes (14), carrots, broccoli and gravy	Fish Friday (2,5,9) served with chips (13), peas or beans and bread (2) and butter
OPTION 2 (vegetarian)	Tomato pasta (2) served with garlic bread (2,4,7,13,) and seasonal vegetables	Vegetarian sausages (2) served with mashed potato (2,7,14), seasonal vegetables and gravy	Vegetable curry (7) served with rice and garlic naan bread (2,4,7,13)	Vegetable crumble (2,7) with Yorkshire pudding (2,4,7), roast potatoes (14), carrots, broccoli and gravy	Homemade Hull Pattie (2,7,9,13,14) served with chips, peas or beans and bread (2) and butter
OPTION 3	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks
DESSERT	Treacle sponge (2,4,7,13) served with custard (2,4,7,13)	Oaty biscuits (2,7)	Strawberry ripple sponge (2,4,7,13) served with custard (2,4,7,13)	Chocolate chip muffins (2,4,7,13)	School treats (2,4,7,13,14)

*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily
**Allergen free options on the above menu are also available

Allergens



*Allergen numbers in red = Contains
Allergen numbers in orange = May contain