



THORESBY PRIMARY SCHOOL



Newsletter

8th March 2024

IMPORTANT DATES

Parents Evening - Monday 11th March and Wednesday 13th March
Yr5 Art Gallery – Thursday 14th March – 3.20pm – Downstairs Hall
Red Nose Day – Friday 15th March
Easter egg competition deadline – Monday 18th March
YR 4 Trip to Eden Camp – Thursday 11th April

Yr3 performances will take place on Thursday March 21st
3B 9:15, 3D 10:30, 3BC 2:15
Yr 4 performances will take place on Wednesday March 20th
4M 9.10, 4T 10.10, 4HS 2.15

Polite reminder that children must be in school for 8.40am ready for lessons to commence at 8.45am. Thank You.



Friday 15th
March

The Events Committee have been working hard on their plans for Red Nose Day. As well as having a non-uniform day, the whole school is taking part in a sponsored walk. It is £1 to come in non-uniform plus anything you wish to donate to the sponsored walk.

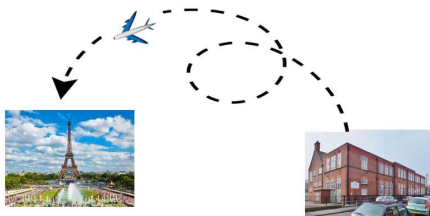


Easter Extravaganza



It's that time of year again for the whole family to get creative!
This is an 'egg-citing' opportunity for the children to decorate their eggs at home with the help of parents, carers or grandparents. The design will need eggs – these can be real or fake (if using real eggs, please ensure they are HARD boiled!). All egg entries need to be in school by **Monday 18th March**. Prizes will be awarded for; most creative, most original, best effort. All entries will receive a small prize (one entry per family)

Do something Run-ny for Money!



As a whole school, we will be running the distance between Hull and Paris! This will be more than 575 km.

The Events Committee have decided for Red Nose Day 2024, Thoresby Primary School can



and please bring a donation of £1 to help people in need.

Calendar of Character

Effective Communication

Key Points

- Effective communication is about being clear when we are sharing information and understanding the emotion behind what we are saying, as well as how it might make others feel.
- You also need to make sure the person listening feels heard and understood.

Ideas from 4T

I used effective communication when I helped to deliver the assembly on Playground Pals. **By Hetty**

I use effective communication with my teachers. **By Noah**

I bumped into someone accidentally when playing football and said sorry to them and they understood and we could keep playing football. **By George**

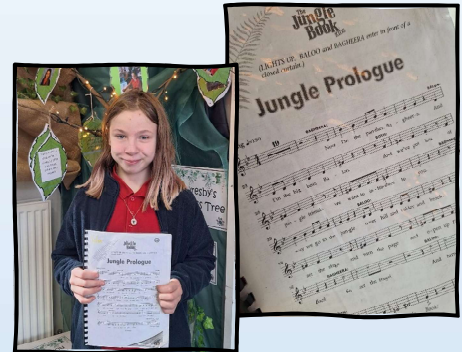
Discussion points / questions to consider:

- How can you show somebody else that you are listening to what they are saying?
- Why is effective communication so important?
- What can happen when people don't communicate effectively?
- What are some examples of body language we can use to help us communicate effectively?
- When might you need to use effective communication skills in your daily life?

Thoresby's got TALENT!



A huge well done to Violet and Lola who have recently performed in *The Jungle Book* at NAPA. Watch out, we may have a new generation of Dorothy Mackaills coming out of Thoresby!



Esther from 1D is showing our principle of kindness. She created these hearts to give to other children when they are working hard. They have inspirational quotes on such as: 'Keep trying, don't give up, you can do it, you are beautiful!'



Here are just a few of the fantastic costumes from World Book Day!



Some of our KS1 children enjoyed an afternoon at the Hull Disney Shooting Stars Festival



Please remember that we strive to be a **NUT FREE** school, so please make sure you check the ingredients in your child's packed lunch.
Thank you.

Week Commencing: 11th Sept, 25th Sept, 9th Oct, 23rd Oct, 13th Nov, 27th Nov, 11th Dec, 15th Jan, 29th Jan, 12th Feb, 26th Feb



Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Various Pizza's (2,4,7,13) served with potato wedges (2) and seasonal vegetables	Meatballs (2,13) (may contain 7,4,19,14) served with Yorkshire pudding (2,4,7), seasonal vegetables and gravy	All day breakfast. Sausage (2,13,14) bacon, hash brown (2,7,14), beans and ½ slice of toast (2)	Roast chicken dinner, served with stuffing (2), roast potatoes (14), carrots, broccoli and gravy	Fish Friday (2,5,9) served with chips (13), peas or beans and bread (2) and butter
OPTION 2 (vegetarian)	Various Pizza's (2,4,7,13) served with potato wedges (2) and seasonal vegetables	Veggie Meatballs (2,) served with Yorkshire pudding (2,4,7), seasonal vegetables and gravy	All day breakfast. Vegetarian sausage (2), hash brown (2,7,14), beans and ½ slice of toast (2)	Vegetable slice (2) with stuffing (2), roast potatoes (14), carrots, broccoli and gravy	Homemade cheese & onion pasty (2,7,13,14) served with chips (13), peas or beans and bread (2) and butter
OPTION 3	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad Sandwich (2,12): Ham, cheese (7) or tuna mayo (4,5,7,9) served with crisps & vegetable sticks
DESSERT	Shortcake (2,4) served with custard (2,4,7,13)	Chocolate orange iced sponge (2,4,7,13)	Bakewell tart (2,4,7) served with custard (2,4,7,13)	Ice cream (7)	School treats (2,4,7,13,14)

*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily
**Allergen free options on the above menu are also available



*Allergen numbers in red = Contains
Allergen numbers in orange = May contain

Parent Workshop

Helping your child with anxiety

This workshop covers:

How to respond to and support your child with regulating and managing their anxiety whilst being compassionate to yourself as a parent.



Aims and objectives:

Build a greater understanding of anxiety.
Learn what anxiety in children looks like and develop techniques/strategies to respond to anxious behaviours and anxiety symptoms.

Tuesday 30th April - 9am-11am - NHS Mental Health Support Team Parent Workshop (focusing on behaviour and coping strategies)

Tuesday 18th June - 9am-11am - NHS Mental Health Support Team Parent Workshop (focusing on routines and rhythm)